Personal Reflection:
Head, Heart, Hands
As a facilitator of Walking in her Moccasins, you may want to connect with participants on their experience towards the end of the workshop. See below for sample questions you can explore with your group and/or community. Please note that all findings belong to community members themselves, and should not be replicated or shared without prior consent. A Research Ethics Policy that contains the Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans, and the First Nations principles of OCAP (Ownership, Control, Access, and Possession) should be followed.

Depending on the approach and needs of your community, you can consider the methods listed below for discussing the impact of the workshops:

- Large or small group discussions
- Sharing Circle
- Individual survey (paper or online)
- Storytelling
- Arts-based approaches

### QUESTIONS

1. Did you feel safe to participate during the workshop?

2. What did you like most about the workshop?

3. What would you change about the workshop?

4. How can Indigenous cultures and knowledge be further integrated into the discussions?

5. Did the discussions impact how you relate to your community? How you relate to your culture?

6. Did you feel that you had the opportunity to tell your story, and share your experience regarding the issue of violence against Indigenous women and girls?

7. What are the positive roles Indigenous men and boys can play to end violence against Indigenous women and girls?

8. What were some of the root causes of violence against Indigenous women and girls which emerged?
From the Head:

Did I learn anything new on the issue of violence against Indigenous women and girls?

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From the Heart:

How do I feel about the issue of violence against Indigenous women and girls?

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With my Hands:

What are actions I can take to promote awareness and prevent violence against Indigenous women and girls?

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